

Lois Fried, CPP
Principal
LKF Consulting LLC

Lois Fried, CPP, has been employed in the payroll industry for 40 years. She spent 33 years of combined experience with Bank of America Business Services Division and ADP, LLC.). At ADP, Lois held positions in Client Services Management, Product Development, Tax Research and Enterprise Learning. Lois is currently the Principal of LKF Consulting LLC. She provides payroll and tax consulting to small businesses; helping them to learn, educate, and change.

Lois has been an active member of the American Payroll Association (APA) since 1985. She has held positions in the San Francisco Bay Area Chapter (SFBAC) of Government Liaison Officer, Education Chairperson, Vice President and President. She currently serves as the chapter Historian and Advisor. Lois has served on the California Payroll Conference Board since its inception in 1987 and was named California Payroll Professional of the Year in 2015.

Nationally, she has served on the Board of Advisors, Professional Certification Advisor Group, Nominating and Elections Committee, Money Matters NPW Volunteer, Congress Speaker and Presenter, and Vice President on the APA Board of Directors. She currently serves on the CPP Certification Review Board and as a CHAMPS mentor. Lois was named APA Ambassador in 2018, and President of the American Payroll Association in 2020.

She was a founding member of the Advisory Board for Bloomberg Tax, and served on the Board until 2018.

Lois earned her Bachelor of Science in Business from Excelsior College in Albany, NY. She is CPP and ADP-CPS certified.